



Acupuncture indications 針灸適應症(英文)

Introduction

Acupuncture is one of the significant physiotherapies of Chinese medicine; it is widely used, user-friendly, effective, safe, and commonly recognized professional medical therapy. Such a treatment has researches and practices for more than 3000 years. Through repetitive observations, researches and accumulated experience, traditional Chinese medicine has established its medical theories and technologies especially acupuncture. Not only does it bring its effectiveness to health care and treatment, but also it is handed down overseas a long time ago.

Acupuncture has been recognized internationally for its therapeutic effect for the past years; there are over 140 countries worldwide using acupuncture, and its safety and effectiveness have been recommended by World Health Organization.

The advantages of acupuncture:

1. Widely-used.
2. Efficient and effective.
3. Convenient and simple.
4. Safe with minimal side effects.

Acupuncture indications

1. Pain :

Arthritis, rheumatoid arthritis, headache, migraine, trigeminal neuralgias, neck muscle sprain, neck pain, shoulder pain, frozen shoulder, tennis elbow, golf' s elbow, pitching elbow, wrist pain, intercostal neuralgia, upper back pain, lumbar pain, sciatica,

osteoarthritis, plantar fasciitis, heel-spur syndrome, ankle sprain, neuralgia, chronic muscle pain, tendinitis, sequelae of traumatic, sports injuries, cancer pain, persistent pain, and etc.

2. Ear, Nose and Throat :

Allergic rhinitis, sinusitis, deafness, tinnitus, sudden deafness, vertigo and dizziness, Meniere's disease, and etc

3. Gastrointestinal system :

Stomachache, hiccup, diarrhea, constipation, hemorrhoid, digestive function disorders, obesity, dentistry pain, and temporomandibular dysfunction.

4. Respiratory :

Asthma, chronic bronchitis, acute and chronic pharyngitis, cough, chest tightness, persistent hiccups, and etc.

5. Psychiatry :

Male sexual dysfunction, insomnia, depression, neurosis, schizophrenia, and etc.

6. Neurology :

Facial palsy, stroke, paraparesis following a stroke, muscle atrophy, Parkinson's disease, numbness of extremities, cerebral palsy, cervical compressive syndrome, carpal tunnel syndrome, neuropathic disorders, and etc.

7. Dermatology :

Allergic dermatitis, post-herpetic neuralgia, acne, whole body itchiness, and etc.

8. Gynecology :

Dysmenorrhoea, infertility, menstrual cycle irregular, premenstrual syndrome, and etc.